

## TELEPHONE RESPONSE INFORMATION

9-1-1 may not be working. Share this information with your contact person.  
All household members should have their own card.

CARDHOLDER NAME	PHONE #
CELLULAR PHONE #	EMAIL ADDRESS
HOME ADDRESS	
OUT-OF-AREA CONTACT NAME	PHONE #
ASSEMBLY PLACE if you cannot return home	PHONE #
HOME INSURANCE COMPANY	HOME POLICY NUMBER
AUTO INSURANCE COMPANY	AUTO LICENSE #
MEDICAL INSURANCE CARRIER	POLICY NUMBER

## THINGS TO DO AFTER A DISASTER

1. Check for injuries and give first aid. Call 9-1-1 in a life-threatening situation only.
2. Check for damaged utility lines. Shut off utilities at the main control valve/switch if damaged. If you detect a gas leak, open windows, evacuate, and report to authorities.
3. Stay out of damaged buildings and other areas where damage has occurred.
4. Listen to Emergency Alert Stations on your radio for emergency bulletins.
5. Call your emergency out-of-area contact and:
  - Tell them how you are, where you are, and/or plan to be.
  - Ask if other family members have checked in and left messages.
  - Let them know when you plan to call back and check in again.
6. Limit telephone conversations. Give others a chance to call their out-of-area contact.



*Keep this card in your wallet at all times.*



**WASHINGTON MILITARY DEPARTMENT**  
**Emergency Management Division**

## MEDICAL RESPONSE INFORMATION

Keep seven (7) days of vital medications and supplies on hand.

PERSON'S NAME	MEDICATION	PRESCRIPTION #	ALLERGIES
DOCTOR'S PHONE #	PHARMACY PHONE #		
PERSON'S NAME	MEDICATION	PRESCRIPTION #	ALLERGIES
DOCTOR'S PHONE #	PHARMACY PHONE #		
PERSON'S NAME	MEDICATION	PRESCRIPTION #	ALLERGIES
DOCTOR'S PHONE #	PHARMACY PHONE #		
PERSON'S NAME	MEDICATION	PRESCRIPTION #	ALLERGIES
DOCTOR'S PHONE #	PHARMACY PHONE #		

## DROP, COVER, AND HOLD

When the earth shakes . . .

**Drop** Drop down on the floor away from windows, hanging objects, and tall furniture.

**Cover** Take cover under a piece of furniture or against an interior wall and protect your head and neck with your arms.

**Hold** If under furniture, hold on to it and be prepared to move with it. Hold that position until the ground stops shaking.



## SHELTER IN PLACE

If you smell a strong chemical scent or are notified by local authorities, take the following actions:



1. Go inside.
2. Close windows and doors.
3. Close fireplace damper and turn off heat and air conditioners.



4. Cover nose and mouth with wet cloth and seal windows.
5. Wait for instructions. After an 'all clear' message, air out your home.